

Whole Mind Mastery

Instant Breakthrough Success

Freedom From Past Limits...

Get **Your Ideal Results** Now... In Every Situation!

Study Guide : "Tame Your Money Monsters - 3 Fast, Easy Ways to
Come Into Right Relationship with Money NOW!"

With Kit Furey, JD, CHt, CEHP www.WholeMindMastery.com

KitFurey@WholeMindMastery.com

Part 1: Exploring the Timeline of Your Life---Present, 5 Years in the Past, 5 Years in the Future to Discover What Money Patterns Have Been Limiting You---and Looking Through the Eyes of Compelling Future Self

Standing up, imagine a line running left to right on the floor just in front of your toes. Following the instructions on the audio, what do you notice:

1. About your 'Present Self'?

2. About your 'Past Self, ' 5 years in your Past:

3. About your Future Self and what adjustments do you want to make in order to create your Ideal Compelling Future Self? What patterns will it serve you to change in order for you to become your Compelling Future Self?

4. With your mind's eye, imagine you are holding a clear sphere in front of you. (I personally imagine a large clear glass sphere...however, create what works for you!) This will be a container for 'gathering' patterns of limitation and resourceful patterns from all your levels of consciousness. Imagine there is a dot in the center of your sphere. The dot represents everything you are consciously aware of that you place into the sphere. The remainder of the sphere is for all other patterns.....Now that you have created your sphere, with your intent, place into the dot in your sphere, all the patterns you've become aware of in this exercise that you want to change. We'll be working with your sphere for the remaining segments of this program.

Gratitude Note: The music provide for you during the period of reflection at the end of each segment is brought to you with the permission of the composer and performer, Anthony Harshbarger, from his Radiance CD. Contact Tony at 1-316-807-7597 for more information.

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Part 2: Beliefs That Interfere with the 3 Broad Categories of Core Human Desires: Significance, Self-Worth and Feeling Deserving of Love; Connection & Belonging; and the expansive states that arise from feeling a deep sense of Trust, Safety, Knowing and Surrender.

As you follow the instructions on the audio, make a note any belief statements that create an experience that indicates opportunity for further exploration. You might notice a wave of emotion, shifts in body temperature, images, memories, sounds...The ways in which our subconscious sends us signals is wide open. Your ‘assignment’ is to notice your experience and then ‘track’ any signs of monsters by using your All Clear cue and following your other-than-optimum-experience until reach a sense of completion.

Complete each ‘tracking session’ with the BSFF Closing Sequence: I forgive everyone and everything...All Clear. I dissolve all Stoppers...All Clear. I dissolve all anger, judgment and criticism toward myself...All Clear. I dissolve all unforgiveness toward myself...All Clear. (Energies can re-configure without the Closing Sequence. Put a stop to that!)

Feel free to pause the audio at any time if you wish to pursue a particular belief statement more deeply.

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Part 3: Tapping into Universal Consciousness for a Quantum Healing

As you follow the audio instructions, continue to place any limiting patterns that emerge into awareness into the ‘dot’ in the center of your ‘sphere.’ This is your tool for lifetime use, if you choose, and we will complete this session by adding everything that your consciousness, on all levels known and unknown, has placed into the sphere into our Quantum Clearing.

When working in our ‘inner world’ I recommend that you always take a few moments to get grounded and centered. And I personally always invoke the presence of archangel in the 4 directions.

Make notes of your experience. You can listen to the program again and again and each time you will be able to address even deeper layers of limiting subconscious programs.

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